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Having Fun & Getting The Job Done \$80**

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*Balin and Associates
P.O. Box 403
Yellow Springs, OH 45387
(937)478-4958*

Continuing Education Seminar

Having Fun & Getting The Job Done

*Developing a Personal
Philosophy That Works*



Webinar

You will log in from your own
device.

Access links will be provided when
you register.

PURPOSE

This highlights the thinking and doing steps needed to develop a life philosophy that can keep us healthy and happy through the turmoil and change that life can present. Clients often remain frustrated after failed attempts at self-help and healthier living styles. The focus of our attention will be on developing those skills and disciplines that enhance our ability and resilience to promote the development of each individual's unique authenticity.

OBJECTIVES

Upon completion of this program participants will be able to:

- Describe the components and significance of a supportive and proactive personal philosophy that will promote health and well being
- Distinguish factors and concepts that enhance our ability to act in accordance with that philosophy
- Access areas of personal growth and development to begin to develop an action plan for coping mechanisms and stress relief

ABOUT THE SPEAKER

Marcella Balin, RN, BSN

Marcella Balin is a well-known and highly regarded educator and presenter. She is an independent nurse entrepreneur and lecturer with forty plus years of experience. She began her nursing career in Brooklyn, NY and spent a decade moving into the field of education. She parlayed years of widely varied teaching experience into a career of independent teaching and presenting. Her BSN is from Wright State University in Dayton, and she brings years of ongoing professional education in human and organizational development to her workshops. She is a very energetic and dynamic speaker.

► **COST** **\$80**

CONTINUING EDUCATION

6.0 Hours approved for

Counselor and Social Worker Continuing Professional Education
(by the Ohio CSWMFT Board)

Nurses-The Ohio Board of Nursing accepts Continuing Education events approved for Social Workers for Continuing Nurse Education.

Registered with the Accountancy Board of Ohio
CPE.181

BELTSS approval #41634-SS-24

REGISTRATION & REFUNDS

**Registration is not complete
without payment.**

**Workshop materials
and access links will
be sent to participants
when registration is
complete.**

**Feel free to call with
any questions as the
Webinar format is new
to many of us.**

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