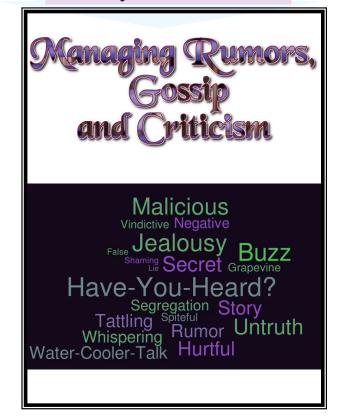
# Managing Rumors, Gossip And Criticism \$45

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### Continuing Education Seminar



## Webinar

You will log in from your own device.

Access link will be provided when you register.

## Managing Rumors, Gossip And Criticism

Dear Answer Lady, I love my job but I am thinking of leaving it because of the mean, vicious, hypercritical people that I work with. They look for the negative in every situation and then exaggerate it as their destructive gossip is spread. There is no stopping it. What should I do? Frustrated in Fargo

Dear Frustrated in Fargo,

Attend this workshop to learn how to help others temper their criticism, avoid becoming the target of gossip, and correct rumors that have gone astray. Find out how to accept criticism without anger, and grow from it. Evaluate your tendencies to get caught up in the tangles of your office grapevine. Resist the temptation to allow office politics to distract you from being your most productive best.

**Objectives**: At the conclusion of the program the participant will be able to:

- Acknowledge his/her own contribution to the "office grapevine" and its impact on yourself and others.
- Know how to avoid destructive workplace gossip without becoming a target.
- Possess the skills needed to correct erroneous rumors confidently and factually to put them to rest.
- Utilize integrity-filled strategies to accept and learn from criticism.
- Spot passive-aggressive behavior and confront it constructively.
- Take steps to repair the damage that past behavior has caused and rebuild trust.

#### **ABOUT THE SPEAKERS**

#### Rita Rizzo, MSc

Principal of Rizzo & Associates LLC, a management consulting and training firm founded in 1984, Rita has over three decades of experience as a writer, curriculum designer and training facilitator. She has written over 200 print and online articles, 400 training curriculums, and 12 books in the past decade. A ghostwriter, blogger and curriculum developer, Rita never misses a deadline and is known for her error-free, content-rich writings.

#### Marcella Balin, RN, BSN

Marcella Balin is a well-known and highly regarded educator and presenter. She is an independent nurse entrepreneur and lecturer with forty-plus years of experience.

She began her nursing career in Brooklyn, NY and spent a decade moving into the field of education. She parlayed years of widely varied teaching experience into a career of independent teaching and presenting.

She brings years of ongoing professional education in human and organizational development to her workshops.

#### **CONTINUING EDUCATION**

3.0 Hours approved for:

- Nurses-The Ohio Board of Nursing accepts Continuing Education events approved for BELTSS
- Registered with the Accountancy Board of Ohio CPE.181
- BELTSS approval #41636-SS-24

Registration is not complete without payment.

**▶**Cost

\$45

Workshop materials and access links will be sent to participants when registration is complete.

Feel free to call with any questions as the Webinar format is new to many of us.

If you prefer to pay with a credit card—you can message your registration information by email and request an invoice.