

**Registration for
Shame & Guilt
\$80**

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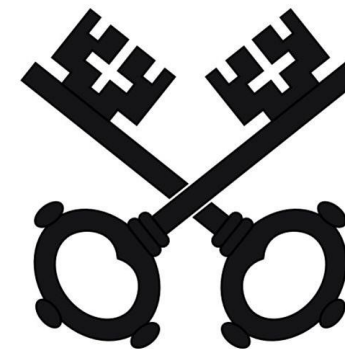
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*Balin and Associates
P.O. Box 403
Yellow Springs, OH 45387
(937)478-4958*

*CONTINUING
EDUCATION*



Shame & Guilt

Webinar

You will log in from your own device.

Access links will be provided when you register.

“SHAME AND GUILT”

Purpose:

Shame and Guilt are two different ways in which human beings feel bad. Most of us usually suffer from both. Because shame and guilt are healed differently, they must be recognized and dealt with very differently. Although the therapies in which professionals are trained are well designed to heal guilt, professional education does not transmit the skills required for the identification and healing of shame. Participants will be deepened by the insights they gain into their own background and development. Addiction and alcoholism are related to these phenomena and understanding can aid in detection and intervention of those who are affected. The practice of working through grief and loss is inextricably tied to these phenomena and the professional will be supported by this understanding.

OBJECTIVES:

The 12 Steps of Alcoholics Anonymous cast a light on this distinction and this workshop is based on Ernest Kurtz's study of the development of these principles and their relationship to the phenomenon of shame.

Upon completion of this program participants will be able to:

- Distinguish between shame and guilt in the human condition.
- List specific qualities of shame that enable its identification.
- Describe modalities for dealing with the phenomenon of shame.

ABOUT THE SPEAKER

Marcella Balin, RN, BSN

Marcella Balin is a well-known and highly regarded educator and presenter. She is an independent nurse entrepreneur and lecturer with forty-plus years of experience.

She began her nursing career in Brooklyn, NY and spent a decade moving into the field of education. She parlayed years of widely varied teaching experience into a career of independent teaching and presenting.

Her BSN is from Wright State University in Dayton, and she brings years of ongoing professional education in human and organizational development to her workshops.

She is a very energetic and dynamic speaker.

► **COST** **\$80**

CONTINUING EDUCATION

6.0 Hours approved for:

- **Counselor and Social Worker Continuing Professional Education (by the Ohio CSWMFT Board)**
- **Nurses-The Ohio Board of Nursing accepts Continuing Education events approved for Social Workers for Continuing Nurse Education.**
- **Registered with the Accountancy Board of Ohio CPE.181**
- **BELTSS approval #41665-SS-24**

Registration is not complete without payment.

Workshop materials and access links will be sent to participants when registration is complete.

Feel free to call with any questions as the Webinar format is new to many of us.

If you prefer to pay with a credit card—please message your registration information by email and request an invoice or call 937-478-4958